



CAP TULSA

 **Improve school readiness through a two-generation approach**

Location: Oklahoma, United States

CAP (Community Action Project) Tulsa prepares low-income children in Tulsa County for school through a two-generation approach, combining high-quality early childhood education with programs designed to increase family income and parenting skills.

Children ages 6 weeks through 4 years old attend full-day, year-round programs led by early childhood educators, including many bilingual staff. Children gain skills in literacy and math through play-based, developmentally appropriate learning activities. Families are also given books and learning activities to continue learning at home.

At the same time, parents receive access to free services including parenting skills workshops and English as a second language programs.

CAP Tulsa also offers a free home-based program, Learning@Home, in which experienced Parent Educators work directly with families with children from birth to age four, as well as expecting moms, through regular home visits. Parent Educators give children health screenings, connect families to resources like government benefits, and provide parents with tips to manage stress and build parenting skills.

A long-term study found that children who attended CAP Tulsa's preschool programs were 7.5% more likely to be enrolled in college than non-attendees. They were also 31% less likely to be held back a grade and 34% less likely to be chronically absent.^[20] Parents in the program also saw improvements in employment and income, increased college readiness, and better mental health outcomes.^[21]

 **Learn more: <https://captulsa.org/>**



AÇEV



BRIDGE PROJECT



BARBERSHOP BOOKS